

# Pulmonary Arterial Hypertension (PAH)

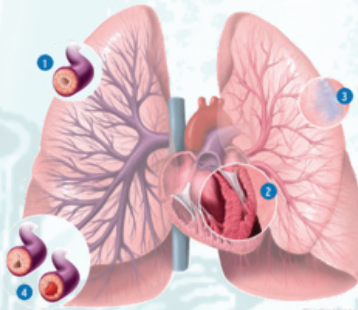
## Pulmonary Hypertension Is Categorized into 5 Groups Based on Its Underlying Cause

### Pre-capillary

**WHO GROUP 1**  
PAH

**WHO GROUP 3**  
PH associated with lung diseases and/or hypoxia

**WHO GROUP 4**  
Chronic thromboembolic pulmonary hypertension (CTEPH)



### Post-capillary

**WHO GROUP 2**  
PH associated with left heart disease

**WHO GROUP 5:**  
Pulmonary hypertension with unclear and/or multifactorial mechanisms

### Who Has PAH?

Overall PAH female to male ratio **4.1:1**

Most common age of patients with PAH **BETWEEN 45-54 YEARS OLD**

Studies from Scotland and France revealed a prevalence ranging from

**5-52** CASES PER MILLION ADULTS



**2.8**  
YEARS



Mean time from

Symptom onset

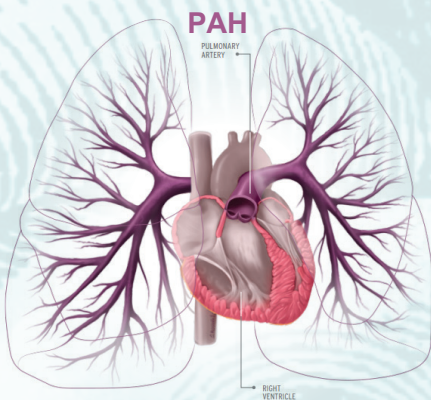
Diagnostic catheterization

**61.2%**

5-year survival

### Pulmonary Arterial Hypertension – WHO Group 1

Pulmonary arterial hypertension (PAH) is a rare, severe disease that affects the heart's ability to pump blood to the lungs and worsens over time.



### Vasoactive Pathways in PAH

Blood vessel endothelium secretes chemical mediators to regulate vascular tone, blood pressure, and local blood flow

**NITRIC OXIDE PATHWAY**

Under expressed in PAH

**PROSTACYCLIN PATHWAY**

Under expressed in PAH

Over expressed in PAH

**ENDOTHELIN PATHWAY**

### Clinical Classifications of PAH

**IDIOPATHIC**

**HERITABLE**

**DRUG- AND TOXIN-INDUCED**

**ASSOCIATED**

Patients with certain types of PAH can have worse prognoses than others (eg, CTD-associated vs idiopathic, respectively)

### Patients Present With Nonspecific Symptoms, Requiring Vigilance for Timely Diagnosis

Symptom onset

>2 years

Diagnosis

- Dyspnea on exertion or at rest
- Fatigue
- Dizziness and/or syncope
- Angina
- Lower extremity edema

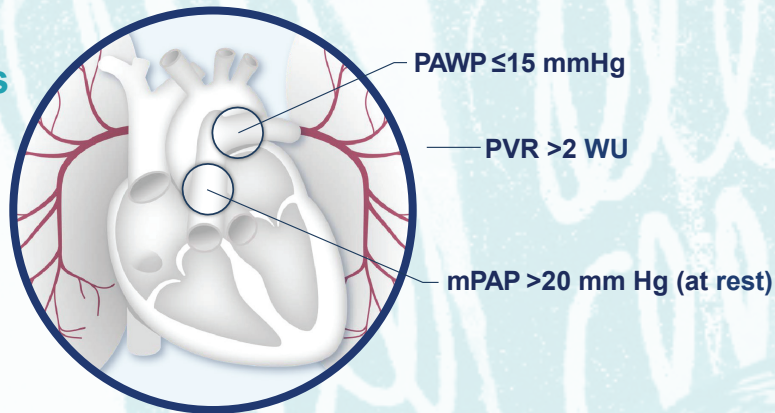
Delayed diagnosis is common but detrimental; early recognition of symptoms and timely action, including early referral to a PH Expert Center, are important for patient outcomes



# Pulmonary Arterial Hypertension (PAH) - continued

## Right Heart Catheterization Is Required for Definitive Diagnosis

### Diagnostic criteria of PAH according to RHC



### What is Risk Assessment?

- Risk assessment enables healthcare providers to see a fuller picture of PAH severity by combining individual test results into a single “risk status”— high, intermediate, or low risk.
- Formal risk calculations can help healthcare providers determine a patient’s predicted 5-year survival rate.
- In multiple registries involving thousands of patients with PAH, **those who achieve low-risk status, particularly in their first year after diagnosis, have a better likelihood of survival.** Therefore, treating to a goal of low-risk status can help give a patient a better long-term prognosis.



### Common Tests Used as Part of Risk Assessment



**6-minute walk test**

During a risk assessment, the HCP will measure how far the patient is able to walk in 6 minutes. This 6-minute walk test gives clues about how the heart, lungs, and blood vessels are doing.



**NT-proBNP/BNP**

PAH can cause the heart to work harder than normal, which releases high levels of a hormone NT-proBNP/BNP. When levels are high, the heart is under more strain than normal.

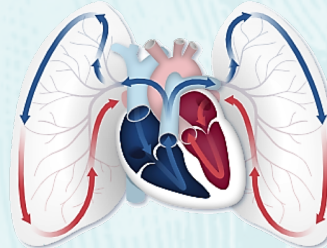


**Functional Class**

Functional Class is a predictor of life expectancy. FC evaluation consists of 4 categories based on the symptoms a patient experiences when doing everyday activities.

### Other Tests Used as Part of Risk Assessment

- Pulmonary Function Test (PFT)
- Right Heart Catheterization (RHC)
- Chest x-rays
- Echocardiogram (Echo)



### Treprostinil MOA

Treprostinil is a prostacyclin-class therapy with a mechanism of action that targets 3 of the major pathologic changes that occur in PAH.



- 1 Vasoconstriction
- 2 Platelet aggregation
- 3 Smooth muscle proliferation



# Remodulin

## Indication

Remodulin is a prostacyclin vasodilator indicated for the treatment of pulmonary arterial hypertension (PAH; WHO Group 1) to diminish symptoms associated with exercise

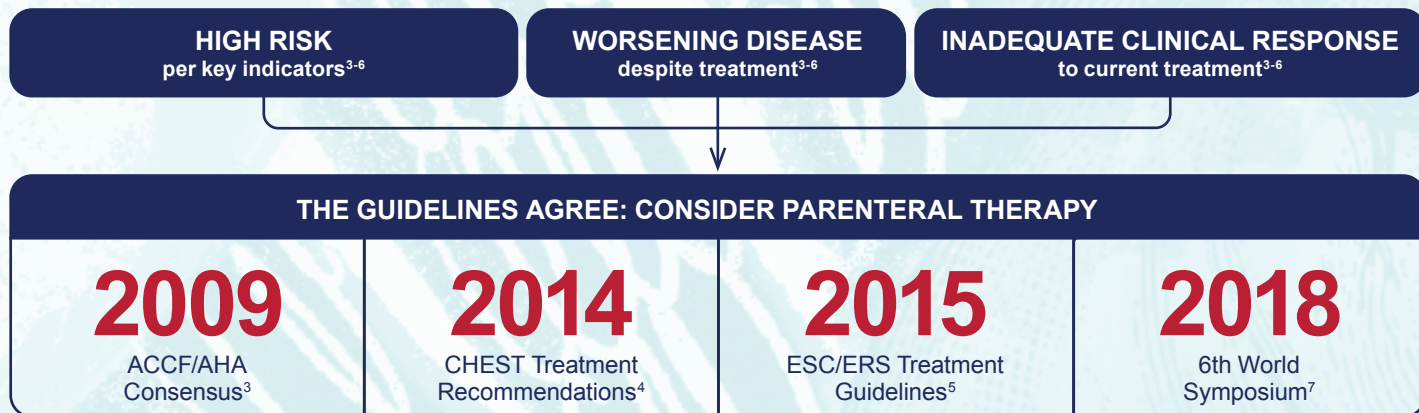


- Remodulin is delivered through a pump system for continuous delivery of medicine 24 hours a day, 7 days a week

- Remodulin patients are taught by a specialty pharmacy how to mix and/or manage their therapy

- Remodulin is initiated at a low dose (weight-based) and adjusted to establish a dose at which PAH symptoms are improved, while minimizing excessive pharmacologic effects of Remodulin
- No maximum or set dose
- Excessive pharmacologic effects include headache, nausea, vomiting, restlessness, anxiety, infusion site pain/reaction
- Patients are warned to avoid abrupt cessation of infusion or sudden large reductions in dose

## When Is It Time for Parenteral Therapy?



According to the 2022 ESC/ERS Guidelines, patients who are at high risk at baseline-and intermediate-high or high risk at follow up, should be considered for treatment with parenteral prostacyclin

## Remodulin Administration Routes

**SC**

- Continuous infusion
- Preferred administration route
- No surgery required
- Several SC catheter options

**IV**

- Continuous infusion
- CVC placed by interventional radiology or vascular surgery
- CVC tunneled under the skin
- Single lumen CVC recommended for prostacyclin administration
- Several distinct CVC types



# Remodulin - continued

## Pump Options for Subcutaneous Delivery of Remodulin



**REMUNITY® PUMP**  
FOR **REMODULIN®**  
(treprostinil) Injection

- Administration up to 72 hours per cassette (up to 3mL)
- Patient-filled cassettes or the option of SP filled
- Audible and vibration alarms
- Water-resistant to a depth of 8 ft for 30 min or 12 ft for 3 min
- Separate, wireless remote
- Small and discreet
- Rechargeable batteries
- Designed specially for PAH
- For use with Remodulin only

## Pump Options for Intravenous Delivery of Remodulin



**CADD®**

**SOLIS AMBULATORY INFUSION PUMP  
FOR PATIENTS STARTING OR  
CONTINUING IV THERAPY  
WITH REMODULIN**



- Lower extremity edema

# Orenitram Overview

## Indication

Orenitram is a prostacyclin mimetic indicated for the treatment of pulmonary arterial hypertension (PAH) (WHO Group 1) to delay disease progression and to improve exercise capacity

## Strengths

Available in 5 tablet strengths

Tablets not shown at actual size.



### Dosing Simplified

Each day, patients will know their dose of Orenitram as they continue up-titrating to their target dose



### Confident Start

An all-in-one kit that outlines the first 3 months of 0.125 mg TID dosing and titration



## Orenitram



- Orenitram provides the ability to titrate the dose up or down to tolerability and clinical response\*

- Target dose  $\geq 9\text{mg}$  daily ( $> 3\text{mg}$  3x per day, every 8 hours)



- Considered for PAH patients:
  - With intermediate-risk parameters who are not meeting individual goals with adequate time to titrate
    - For patients requiring a faster titration, a transition from Remodulin may be appropriate
  - Who are not appropriate for or have refused parenteral therapy
  - Who are clinically stable on parenteral therapy and are appropriate to transition to oral (pill) medication



- Patients should not skip doses or abruptly discontinue therapy without talking to their provider



- Expected AEs include headache, nausea, diarrhea and vomiting
  - Mitigation strategies may be helpful



Take Orenitram with food



Swallow Orenitram tablets whole



Do not split, break, crush, or chew before swallowing

\*Maximum daily dose 120mg





# Tyvaso for PAH Overview

## Indications

Tyvaso is a prostacyclin mimetic indicated for the treatment of:

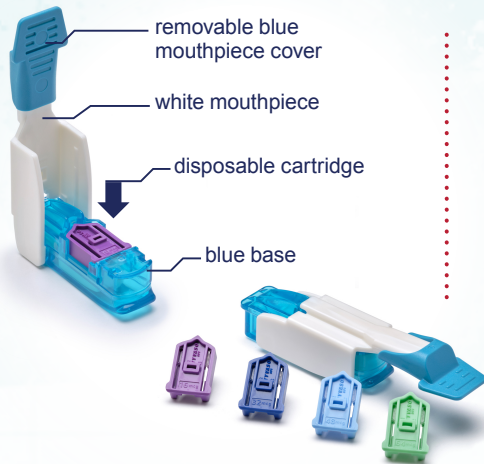
Pulmonary arterial hypertension (PAH; WHO Group 1) to improve exercise ability

Pulmonary hypertension associated with interstitial lung disease (PH-ILD; WHO Group 3) to improve exercise ability

**TYVASO DPI™**  
(treprostinil) INHALATION POWDER

**TYVASO™**  
(treprostinil) INHALATION SOLUTION

### TD-300 Features



#### Mode Switch

Allows patient to “Program the number of breaths prescribed then “Run” treatment administration.

#### Full-Color Display

Provides informative prompts to help patients administer their medication.



#### Multifunction Button

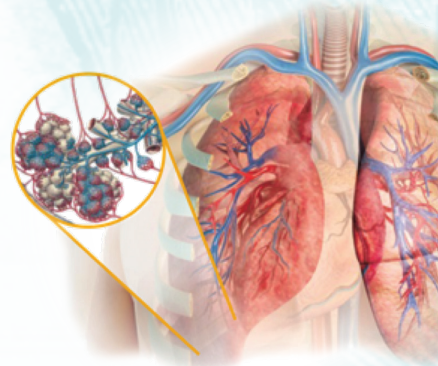
Includes just 1 button for all important device functions (ie, power, start, pause).

#### Internal Battery

Offers all-day cordless use after 8-hour overnight charging via wall plug.

## How Tyvaso Works

- Direct-to-lung delivery results in higher concentrations in the pulmonary arterial vasculature, which may selectively enhance blood flow for better ventilation and perfusion matching with less off-target exposure.



## EASY – EFFICACY and SAFETY – EARLY

- TYVASO provides **EASY**-to-use prostacyclin delivery with proven **EFFICACY** and **SAFETY** – an option for appropriate patients identified **EARLY**, including those who:
  - Are at low and intermediate-low risk
  - Are on mono or dual background therapy
  - Have systemic tolerability concerns
- Expected AEs include cough, headache and throat irritation

## Tyvaso Device Choice – Tyvaso Administration Routes

Administered direct-to-lung via nebulizer or dry powder inhaler (DPI)



- Small, portable dry powder inhaler that fits in the palm of your hand
- Insert single-dose cartridge and inhale 1 breath
  - Replace inhaler every 7 days
- 4x daily; Each dose is inhaled in less than 2 seconds
- Increase cartridge strength by 16 mcg per session every 1-2 weeks to a target maintenance dose of 48 mcg to 64 mcg



### Nebulizer

- Handheld nebulizer that can be charged overnight for cordless flexibility
- Set up device 1x each morning
  - Clean device 1x each night
- 4x daily; Each treatment session only takes 2-3 minutes
- Increase by 3 breaths per session every 1-2 weeks to a target maintenance dose of 9-12 breaths





# What is PH-ILD?

- **PH (Pulmonary Hypertension)**
  - Pulmonary Hypertension = high blood pressure in the lungs
- **ILD (Interstitial Lung Disease)**
  - Interstitial Lung Disease is a group of serious, progressive lung disorders that can damage the lungs and make it harder to breathe
- **Some patients with ILD can also have PH, which is why you see the terms put together as one**
  - PH associated with Interstitial Lung Disease is referred to as PH-ILD
- **When present with ILD, PH significantly increases morbidity and mortality**

## Definition of WHO Group 3 PH

- Hemodynamic parameters for Group 3 PH:
  - **Group 3 PH is differentiated from Group 1 PAH through diagnostic testing revealing significant lung disease**



## ILD Symptoms Can Mask the Symptoms of PH-ILD

Symptoms of PH-ILD	Symptoms that overlap with ILD
<ul style="list-style-type: none"> <li>• Increased exertional dyspnea</li> <li>• Fatigue</li> <li>• Cough</li> <li>• Light-headedness</li> <li>• Palpitations</li> <li>• Lower extremities edema</li> <li>• Chest pain</li> </ul>	<ul style="list-style-type: none"> <li>• Increased exertional dyspnea</li> <li>• Fatigue</li> <li>• Cough</li> </ul>



PH-ILD can be difficult to predict accurately with examinations.

By the time physical signs are visible, it is most often late-stage PH.

## Diagnostic Testing for PH in ILD

### Right Heart Catheterization

- Considered the gold standard for PH diagnosis and assessment
- Invasive procedure during which a specialized catheter is passed through the right heart and into the pulmonary arterial system

#### Imaging:

- X-ray
- CT Scan
- TTE

#### Diagnostic Testing:

##### BNP/NT-proBNP Pulmonary Function Tests

- Spirometry
- Plethysmography
- Pulse oximetry
- Arterial blood gases
- Diffusion of the lungs for carbon monoxide (DLCO)

### Average 6MWT Results

- Healthy adult: 571 ± 40 meters
- Adult with PH: 366 ± 126 meters
- Distance <345 meters is independent risk factor for PH



### 6-minute Walk Test

- Submaximal exercise test to assess aerobic capacity and endurance
- Measures distance an individual can cover over 6 minutes
- In evaluation of PH in ILD, pulse oximetry is used to measure exercise-induced oxygen desaturation
- Findings suggestive of PH include:
  - Desaturation to <88% when disproportionate to extent of underlying ILD
  - Decreased distance
  - High dyspnea scores
- Can be used to measure response to treatment and as a predictor of mortality



# Tyvaso for PH-ILD

**TYVASO DPI**  
(treprostinil) INHALATION POWDER

**TYVASO**  
(treprostinil) INHALATION SOLUTION

- TYVASO is the first and only FDA-approved medication to treat PH-ILD.
- TYVASO and TYVASO DPI are inhaled prostacyclin mimetics indicated for the treatment of pulmonary hypertension associated with interstitial lung disease (PH-ILD; WHO Group 3) to improve exercise ability.

## Tyvaso Device Choice – Tyvaso Administration Routes

Administered direct-to-lung via nebulizer or dry powder inhaler (DPI)



- Small, portable dry powder inhaler that fits in the palm of your hand
- Insert single-dose cartridge and inhale 1 breath
  - Replace inhaler every 7 days
- 4x daily; Each dose is inhaled in less than 2 seconds
- Increase cartridge strength by 16 mcg per session every 1-2 weeks to a target maintenance dose of 48 mcg to 64 mcg



**Nebulizer**

- Handheld nebulizer that can be charged overnight for cordless flexibility
- Set up device 1x each morning
  - Clean device each night
- 4x daily; Each treatment session only takes 2-3 minutes
- Increase by 3 breaths per session every 1-2 weeks to a target maintenance dose of 9-12 breaths
- For PH-ILD patient: Increase by 1 breath per session every 1-2 weeks, as tolerated

### How to Take Tyvaso: PH-ILD

**ONCE DAILY SETUP**

**Convenient once-daily setup**

Compared with other nebulizer systems

**-2-3 SETUP**

**Each treatment session only takes approximately 2-3 minutes**

**Cordless flexibility**

### EASY – EFFICACY and SAFETY – EARLY

- TYVASO provides **EASY**-to-use prostacyclin delivery with proven **EFFICACY** and **SAFETY** – an option for appropriate patients identified **EARLY**, including those who:
  - Are at low and intermediate-low risk
  - Are on mono or dual background therapy
  - Have systemic tolerability concerns
- Expected AEs include cough, headache and throat irritation

### How to Take Tyvaso DPI: PH-ILD

Single-dose cartridges, prefilled with medicine



**1 breath per cartridge, 4x daily**



### Recommended Dosing & Titration for PH-ILD

**STARTING DOSE**

1 breath per cartridge/ 4x daily

**16 mcg**

Increase cartridge strength every 1-2 weeks as tolerated

16 mcg → 32 mcg → 48 mcg → 64 mcg

**TARGET DOSE**

1 breath per cartridge/ 4x daily

**48 mcg to 64 mcg**

### STARTING DOSE

**3 breaths/ 4x daily**

WEEK 1

Add 1 breath per session every week

### TARGET DOSE

**9-12 breaths/ 4x daily**

WEEK 8

Most people who received TYVASO in the clinical study had reached the target dose by week 8

