

# PATIENT JOURNEY: DIAGNOSIS AND MANAGEMENT PATHWAY

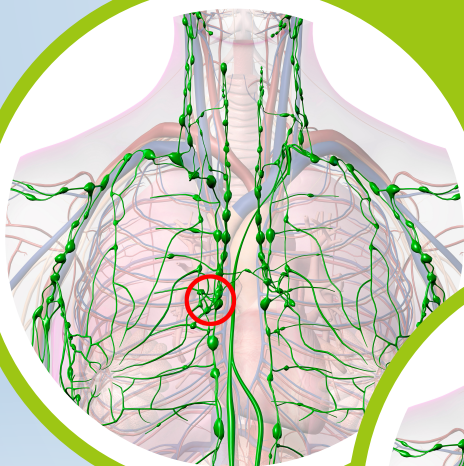
## What Is Castleman Disease?

Castleman disease describes a group of distinct, nonmalignant lymphoproliferative disorders with a shared histology<sup>1, 2</sup>

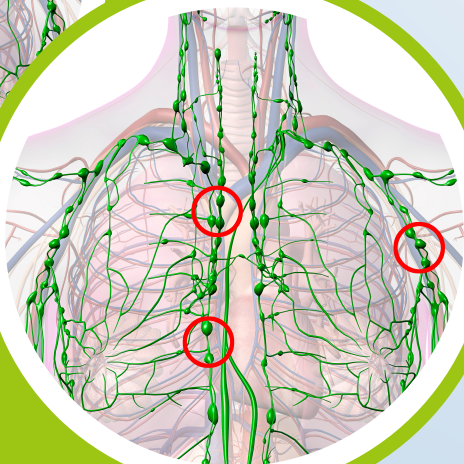
## Classified into 2 Main Groups<sup>1</sup>



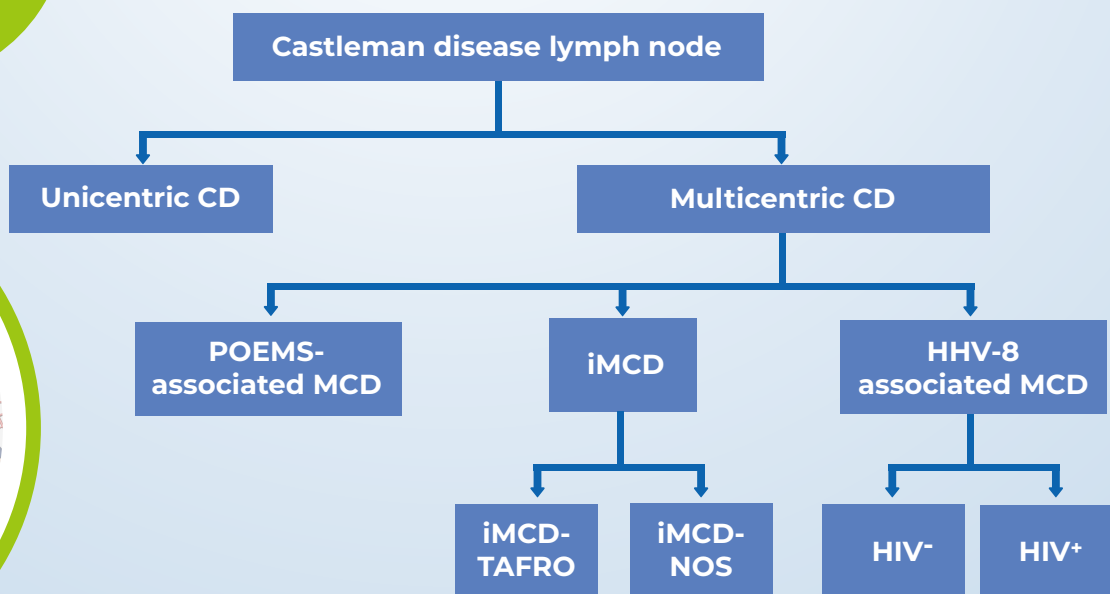
Unicentric  
Castleman Disease  
(UCD)



Multicentric  
Castleman Disease  
(MCD)



MCD is classified based on its etiology<sup>3</sup>

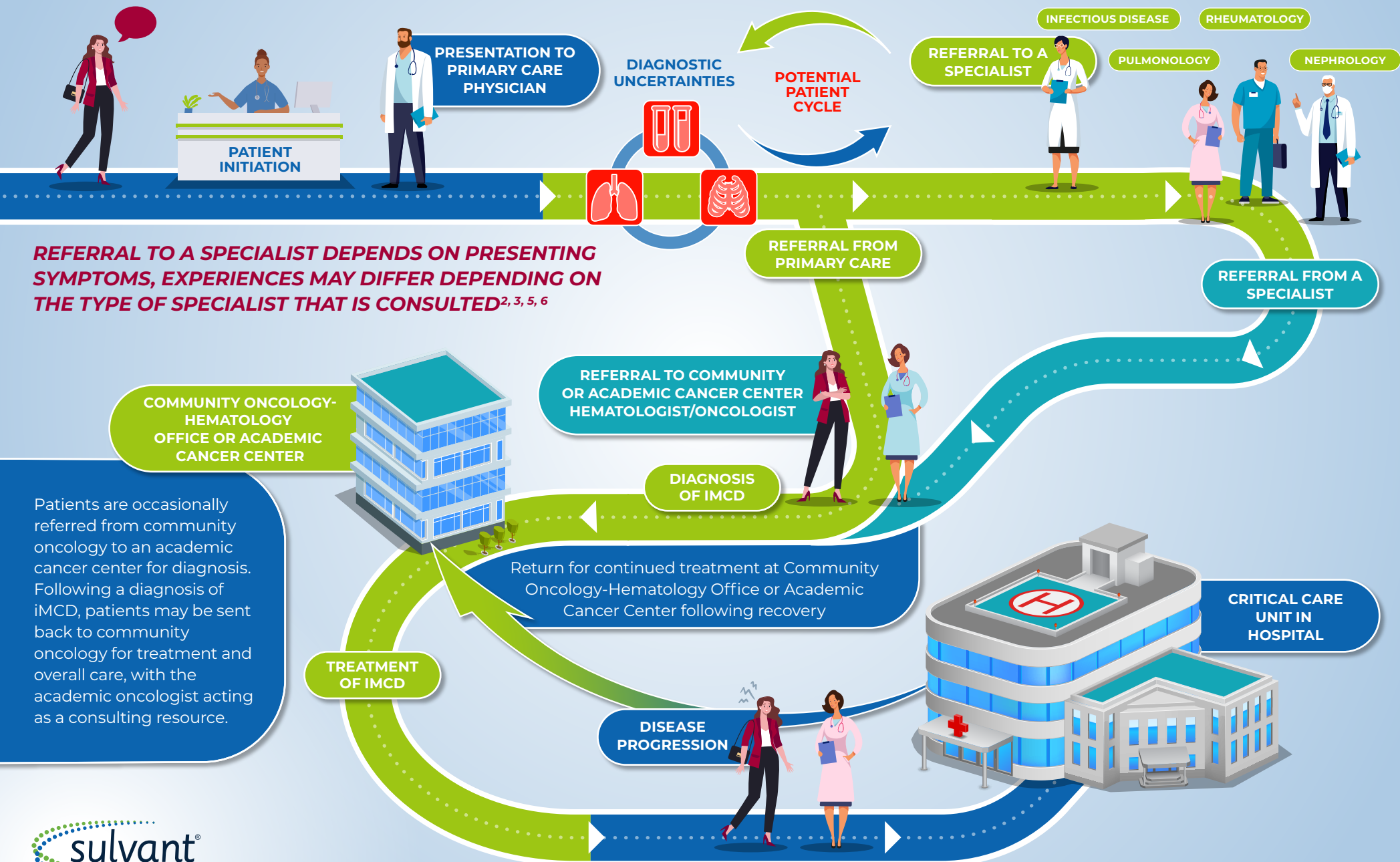


CD = Castleman disease; HHV-8 = human herpesvirus 8; HIV = human immunodeficiency virus; iMCD = idiopathic multicentric Castleman disease; MCD = multicentric Castleman disease; NOS = not otherwise specified; POEMS = polyneuropathy, organomegaly, endocrinopathy, monoclonal gammopathy, and skin abnormalities; TAFRO = thrombocytopenia, ascites, reticulatin fibrosis, renal dysfunction, organomegaly

**iMCD is not associated with HHV-8, HIV, or POEMS and has no identifiable cause<sup>4</sup>**

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PATIENT JOURNEY is VARIABLE due to DIVERSITY of DISEASE MANIFESTATIONS



**REFERRAL TO A SPECIALIST DEPENDS ON PRESENTING SYMPTOMS, EXPERIENCES MAY DIFFER DEPENDING ON THE TYPE OF SPECIALIST THAT IS CONSULTED<sup>2, 3, 5, 6</sup>**

Patients are occasionally referred from community oncology to an academic cancer center for diagnosis. Following a diagnosis of iMCD, patients may be sent back to community oncology for treatment and overall care, with the academic oncologist acting as a consulting resource.



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## Initial Presentation of iMCD



Patients with iMCD may experience a wide spectrum of clinical and laboratory abnormalities that come and go<sup>3</sup>

PCPs may perform medical histories, physical examinations, bloodwork, and medical tests<sup>8,9</sup>

PRIMARY CARE PHYSICIANS (PCPS)

PRESENTING SYMPTOMS

Patients may present with enlarged lymph nodes, fever, weight loss, fatigue, autoimmune or respiratory symptoms, arthritis, or kidney disease.<sup>3,4</sup>

DELAY OF DIAGNOSIS

Symptoms of iMCD overlap other malignant, autoimmune, and infectious disorders that need to be ruled out<sup>2</sup>

## Secondary Management



Dependent on presentation of symptoms, treatment may include multiple specialists

### HEMATOLOGIST/ONCOLOGIST

- Specializes in the treatment of blood disorders, including blood cancers and cancer of the blood-forming tissues<sup>9</sup>
- May perform tests to rule out malignant disorders, such as lymphoma or multiple myeloma<sup>2</sup>
- May see patients who present with enlarged lymph nodes, abnormal blood work, weight loss, or fatigue<sup>3,9,10</sup>



### INFECTIOUS DISEASE SPECIALIST

- Specializes in the diagnosis and treatment of conditions caused by microbial agents<sup>11</sup>
- May see patients who present with persistent fever or enlarged lymph nodes, liver, or spleen<sup>10,11</sup>
- May perform virus serology to rule out infections, such as human herpesvirus-8, Epstein-Barr virus, or cytomegalovirus, that can drive Castleman disease symptoms<sup>2,3,10</sup>



### PULMONOLOGIST

- Specializes in the diagnosis and treatment of lung conditions and diseases<sup>9</sup>
- May see patients who present with cough or pleural effusion<sup>9,10</sup>
- May perform tests to provide information about ventilation, airflow, lung volume and capacity, and the diffusion of gas if a patient is experiencing pulmonary symptoms<sup>2,11</sup>



### RHEUMATOLOGIST

- Specializes in the diagnosis and treatment of conditions of the musculoskeletal system<sup>11</sup>
- May see patients who present with decreased performance status or signs of muscle or joint damage<sup>10,11</sup>
- May perform tests to identify any autoimmune or inflammatory diseases, such as systemic lupus erythematosus or rheumatoid arthritis<sup>2</sup>



### NEPHROLOGIST

- Specializes in the diagnosis and treatment of kidney diseases<sup>9</sup>
- May see patients who present with high levels of protein in the urine or blood<sup>3,9</sup>
- May perform tests to identify causes of high amounts of protein in the urine<sup>3,10,12</sup>



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## iMCD Diagnosis



Diagnostic criteria for iMCD includes major criteria, minor criteria, and exclusion criteria<sup>3</sup>

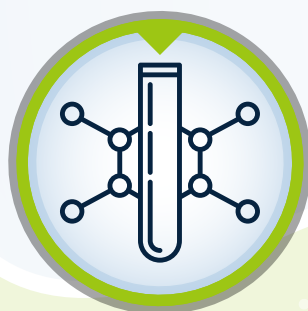
## Diagnostic criteria for iMCD<sup>3</sup>

**MAJOR CRITERIA:** Patient must meet both major criteria for diagnosis<sup>2</sup>

**MINOR CRITERIA:** Patient must have 2 of 11 criteria, including at least 1 laboratory abnormality<sup>2</sup>

**EXCLUSION CRITERIA:** Must rule out autoimmune, malignant, and infectious diseases<sup>2</sup>

## 2 TYPES OF iMCD<sup>3</sup>



## iMCD TAFRO

- T** HROMBOCYTOPENIA
- A** NASARCA
- F** EVERS
- R** ENAL FAILURE
- O** RGANOMEGALY

Homogeneous constellation of abnormal laboratory tests and clinical features

## iMCD NOS

- N** OT
  - O** THERWISE
  - S** PECIFIED
- No known cause and no characteristics of TAFRO



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## iMCD Management

### Nonsevere disease<sup>5</sup>

- Typically diagnosed in outpatient setting
- Varied symptoms
- May affect ability to function or require hospitalization but typically not intensive care

### Severe disease<sup>5</sup>

- Marked organ dysfunction
- Poor performance status
- Requires critical care

Patients with severe iMCD often present with **iMCD-TAFRO**<sup>5</sup>

**10%–20%**  
of patients with  
iMCD have severe  
disease<sup>5</sup>

The Castleman Disease Collaborative Network and National Comprehensive Cancer Network both recommend anti-IL-6 therapy as preferred treatment for iMCD<sup>5,10</sup>



National Comprehensive  
Cancer Network®

Siltuximab is the only U.S. Food and Drug Administration (FDA)-approved drug specifically for the treatment of iMCD<sup>3</sup>

Siltuximab is a monoclonal antibody that binds directly to human IL-6 and prevents the binding of IL-6 to its soluble and membrane-bound receptors<sup>13</sup>



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## iMCD Physician Views and Pain Points

### OPPORTUNITIES TO EDUCATE<sup>3,14</sup>

- Perception that disease is benign and does not have an aggressive clinical course
- No defined threshold at which to initiate treatment
- Misconception that anti-IL-6 therapy is only for highly symptomatic patients

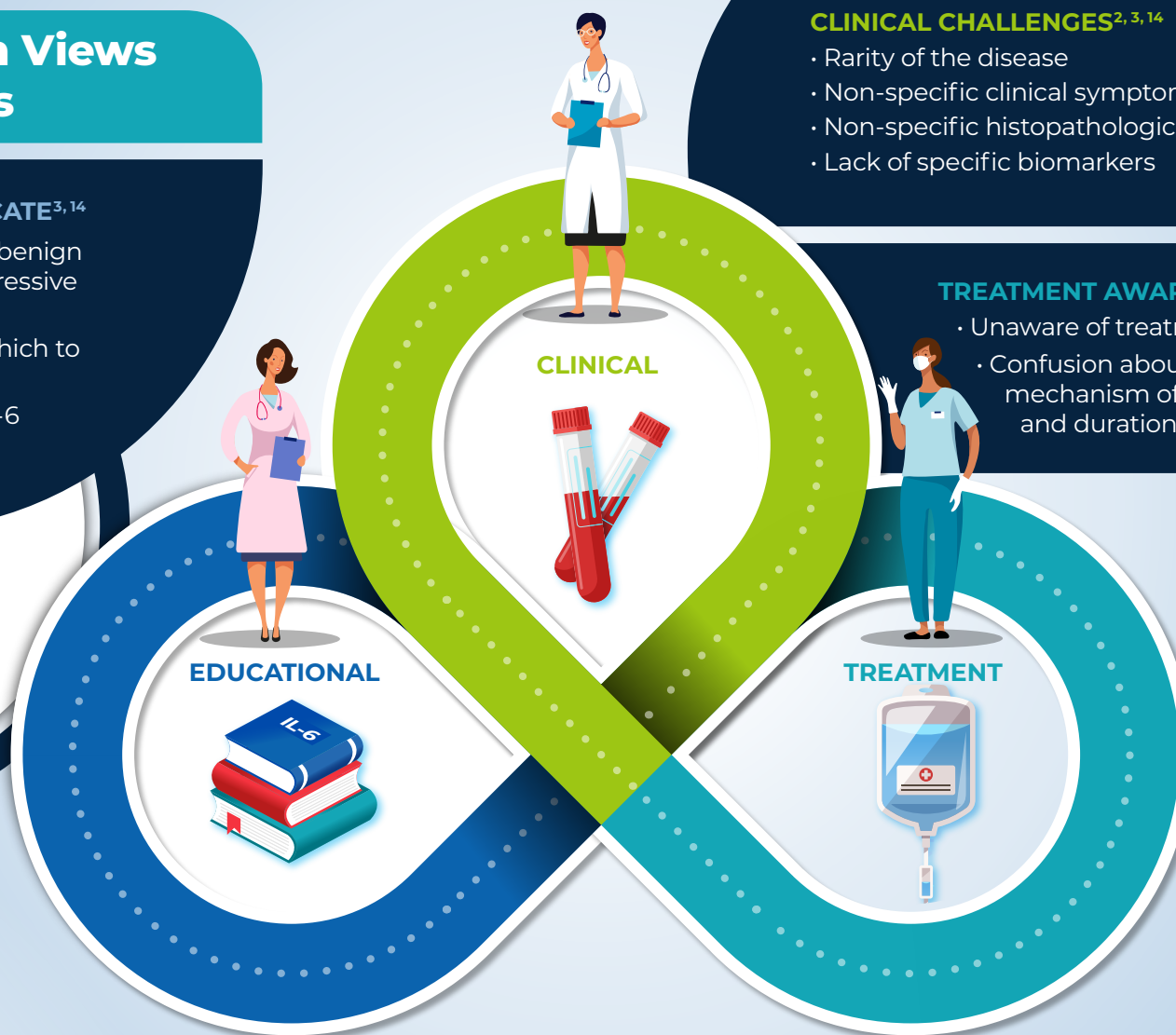
Despite recommendations from the CDCN and NCCN, only ~10% of patients with iMCD receive anti-IL-6 treatment<sup>14</sup>

### CLINICAL CHALLENGES<sup>2,3,14</sup>

- Rarity of the disease
- Non-specific clinical symptoms
- Non-specific histopathologic features
- Lack of specific biomarkers

### TREATMENT AWARENESS<sup>6,10</sup>

- Unaware of treatment options
- Confusion about treatment mechanism of action, indication, and duration



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